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**Patient Authorization for Disclosure of PHI (Personal Health Information)
RELEASE OF INFORMATION**

I, _____, wish to obtain a copy of my
medical records.

Reason I am requesting my records:

- _____ Planning appropriate treatment or program
- _____ Continuing appropriate treatment or program
- _____ Determining eligibility for benefits or program
- _____ Case review
- _____ Updating files

Other _____

I would like my records sent to:

I would like the following released:

- _____ Medical history and evaluation(s)
- _____ Mental health evaluations
- _____ Developmental and/or social history
- _____ Educational records
- _____ Progress notes, and treatment or closing summary
- _____ Other _____
- _____ Treatment & Discharge Planning
- _____ Appointment Attendance

Social Security Number: _____

Date of Birth: _____

Phone Number: _____

I understand that this Release of Information expires one year from today's date: _____ to _____. I also understand that if I have any questions about my clinical records, or the content within, I can contact Anelas Holistic Counseling PLLC, and someone will meet with me to discuss my records.

I understand that this information are protected under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), Title 45 (Code of Federal Rules of Privacy of Individually Identifiable Health Information, Parts 160 and 164) and Title 42 CFR Part 2 Confidentiality of Substance Use Disorder Patient Records, Chapter 1, Part 2), plus applicable state laws. I further understand that the information disclosed to the recipient may not be protected under these guidelines if they are not a health care provider covered by state or federal rules.

I understand that this authorization is voluntary, and I may revoke this consent at any time by providing written notice, and after (some states vary, usually 1 year) this consent automatically expires. I have been informed what information will be given, its purpose, and who will receive the information. I understand that I have a right to receive a copy of this authorization. I understand that I have a right to refuse to sign this authorization.

If you are the legal guardian or representative appointed by the court for the client, please attach a copy of this authorization to receive this protected health information.

Client Printed Name

Client Signature

Date